

Imagine a  
world in which the  
power of art is  
available *for all.*

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## ART FOR ALL

Twenty years ago, we began with a belief that Indigenous communities, healers, and artists have held throughout human history: that the arts are not a luxury, but a fundamental human need. Art is how we build belonging, process grief, and find our way back to ourselves. Path with Art was built to bring that wisdom forward—into hospitals, shelters, recovery programs, and the systems that shape community health.

Today, that mission feels more urgent than ever.

Mental health needs are at an all-time high. The systems that communities depend on are under extraordinary strain. For too many people, they were never enough to begin with. But these are the moments in which communities find new courage, new solutions. This is not just a crisis to endure. It is a call to reimagine how we care for one another.

For nearly two decades, Path with Art has crafted, tested, and refined a model of trauma-informed arts programming that delivers measurable, lasting results. Our participants—people experiencing homelessness, recovery, and deep social isolation—are doing something profound when they write, paint, sing, act. They're rebuilding identity. They're finding belonging. A 188% increase in participation since 2020 tells us the need is growing. What we have is not an experiment. It is a proven solution.

In 2025, we took our model beyond direct programming and into the systems that shape public health. Our research collaboration with Johns Hopkins validated our model. We expanded artREMEDY, our training program, to equip healthcare providers, educators, and arts organizations with trauma-informed arts practices.

We partnered with the Washington State Arts Commission to advance arts prescribing statewide. And we were named by the Aspen Institute's Neuroarts Blueprint to lead the Puget Sound Community Neuroarts Coalition, convening cross-sector leaders across health, science, education, and the arts. All these initiatives extend the reach of Path with Art's work, partnering with organizations who share our mission to expand the horizons of what we can do together.

None of this is coincidence. It is the result of almost 20 years of disciplined practice, commitment to learning, and visionary supporters like you. As you read this report, we invite you to see not only what we have accomplished together, but what becomes possible when we dare to go further.

With deep gratitude, vision, and belief in the power within all of us,

A handwritten signature in white ink that reads "Holly Jacobson". The signature is fluid and cursive, with a long, sweeping tail on the letter "n".

CEO, Path with Art



## OUR PATHWAY

Path with Art fosters the restoration of individuals, groups, and society from the effects of trauma through arts engagement and community building.

Path with Art empowers people to make art. While making art, people remake themselves.

With 18 years of dedicated practice at our core, Path with Art has launched a strategic plan built upon three interconnected areas. Through practice, training, and advocacy, we uplift the arts as a tool for cultivating individual and community well-being.

### SCALING THE IMPACT

Path with Art leads cross-sector collaboration, educating the public and policy makers and collaborating with research institutions to analyze outcomes and advance the field through peer-reviewed studies.

### SHARING THE MODEL

Path with Art supports the emerging arts and health sector by providing education, training, and consultation to practitioners and organizations across arts, culture, health, and academics.

### ART CREATION & ENGAGEMENT

Path with Art provides free community arts programming to thousands of individuals and over 65 health, housing, and human service organizations who refer participants to augment basic services across Washington state.

## ADVOCACY

## TRAINING

## PRACTICE

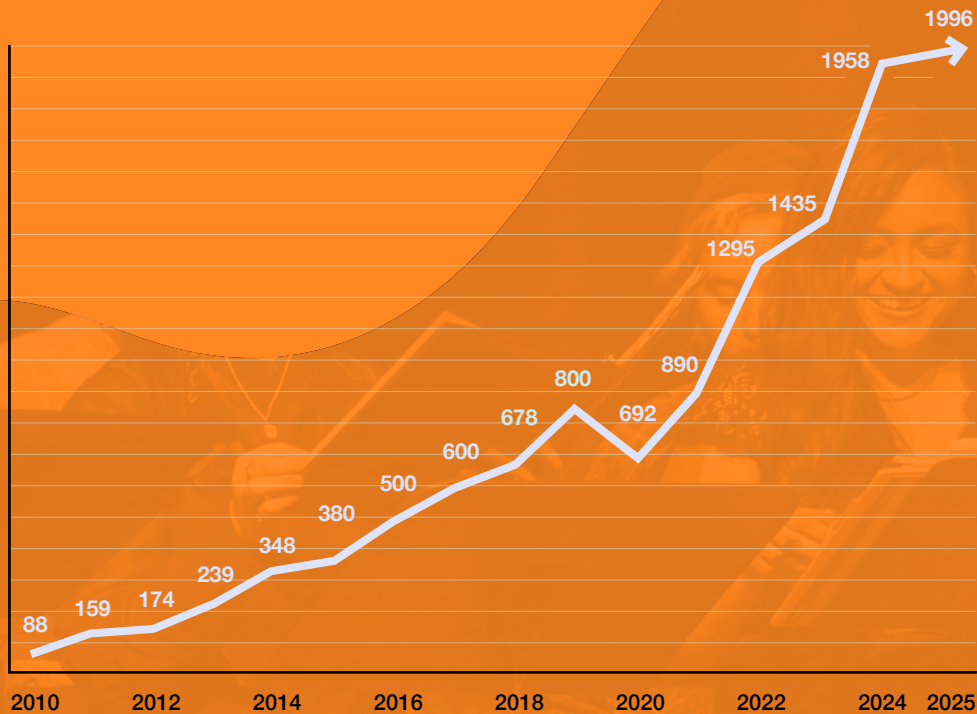


# 1,996 participants served in 2025.

Since 2020, Path with Art has nearly tripled the number of participants we serve annually, witnessing a 188% increase over the past five years.



Yearly Participants Served, 2010-2025



## 16 counties across Washington state.

Online programming has enabled us to expand our reach and serve those with limited or no access to the arts. In 2025, our virtual classes and workshops served participants in 16 counties across Washington state and from 32 states across the country.



# Program partners

Path with Art partners with organizations spanning arts, culture, and social services, allowing us reach people who often have the least access to creative opportunities. In return, we augment the critical services these partners provide.

## Arts & Cultural Partners

5th Avenue Theatre	Photographic Center Northwest
A/NT Gallery	Pottery Northwest
Burke Museum of Natural History and Culture	Pratt Fine Arts Center
Chihuly Garden & Glass	The Rhapsody Project
Classical KING FM	Seattle Aquarium
Cornish College of the Arts	Seattle Art Museum (SAM)
Early Music Seattle	Seattle Arts and Lectures
The Feast	Seattle Chamber Music Society
Freehold Theatre	Seattle International Film Festival (SIFF)
Fremont Arts Council	Seattle Latino Film Festival (SLFF)
Frye Art Museum	Seattle Opera
Hugo House	Seattle Public Library
KEXP	Seattle Repertory Theatre
MoPOP	Seattle Symphony
Museum of Glass	Seattle Theatre Group (STG)
Museum of History and Industry (MOHAI)	Taproot Theatre Company
National Nordic Museum	Town Hall
Northwest African American Museum	Unexpected Productions
Northwest Film Forum	Union Arts Center
On the Boards	Velocity Dance Center
Pacific Northwest Ballet	Whim W'him
Patchwerks	Wing Luke Museum
	Yu Tang Ceramics

## Health, Housing, and Human Service Partners

America's Warrior Partnership	New Horizons
Art Pharmacy	NineLine Veterans Services
Bellwether Housing	Operation Nightwatch
Casa Latina	Organization for Prostitution Survivors
Catholic Community Services	Peer Seattle & Peer Kent
Chief Seattle Club	Pike Market Senior Center
Community House Mental Health Agency	Plymouth Healing Communities
Community Roots	Plymouth Housing Group
Compass Housing Alliance	Providence Supportive Housing
Downtown Emergency Service Center (DESC)	Real Change
El Centro de la Raza	Recovery Cafe
Elizabeth Gregory Home	Red Badge Project
Entre Hermanos	REST
Evergreen Treatment Services	Seattle Housing Authority
Exonerated Nation	Seattle Senior Housing Program
Family Treatment Court	Seattle Stand Down
Full Life Care	Seattle Vet Center
Harborview Medical Center	Sound Health
Harm Reduction Research & Treatment Center	St. James Cathedral's Mental Health & Wellness Ministry
Hero House NW	Therapeutic Health Services
Jewish Family Service	The Sophia Way
Jubilee Women's Center	Valley Cities Behavioral Health Care
King County Adult Drug Diversion Court	The Vashon Dove Project
King County Housing Authority	Veteran Rites
Low Income Housing Institute (LIHI)	WA Department of Veteran Affairs Counseling Services
Mary's Place	WA Innocence Project
Minority Veterans of America	Women Veterans Alliance
Neighborcare Health	YMCA
New Beginnings	Youthcare
	YWCA

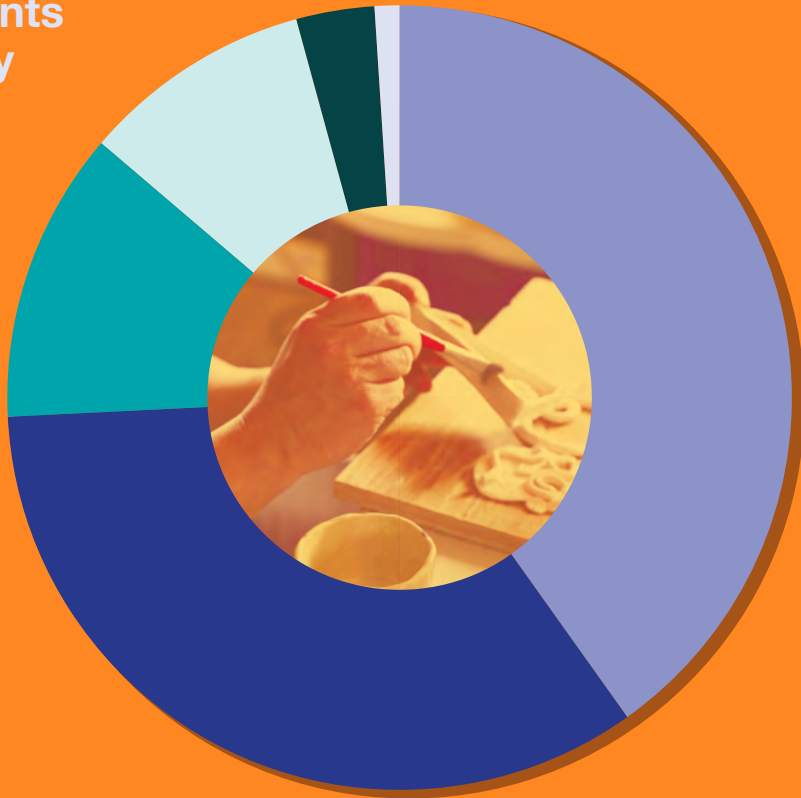
OUR COMMUNITY

# Our participants

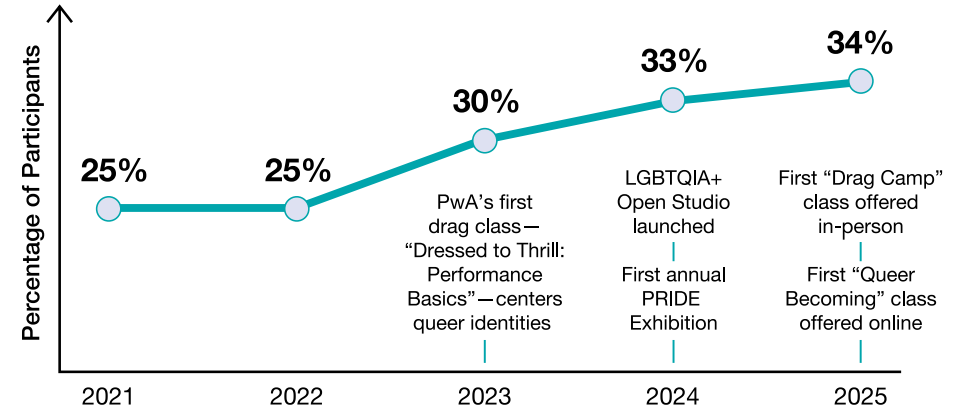
Path with Art is committed to ensuring that our programming equitably welcomes and serves individuals across diverse communities.

## Participants served by race + ethnicity

- White (Non-Hispanic) 40.1%
- Hispanic / Latino 34.1%
- Black / African American 12%
- Native American 9.5%
- Other 3.2%
- Hawaiian / Pacific Islander 1%
- Asian / Asian American <1%

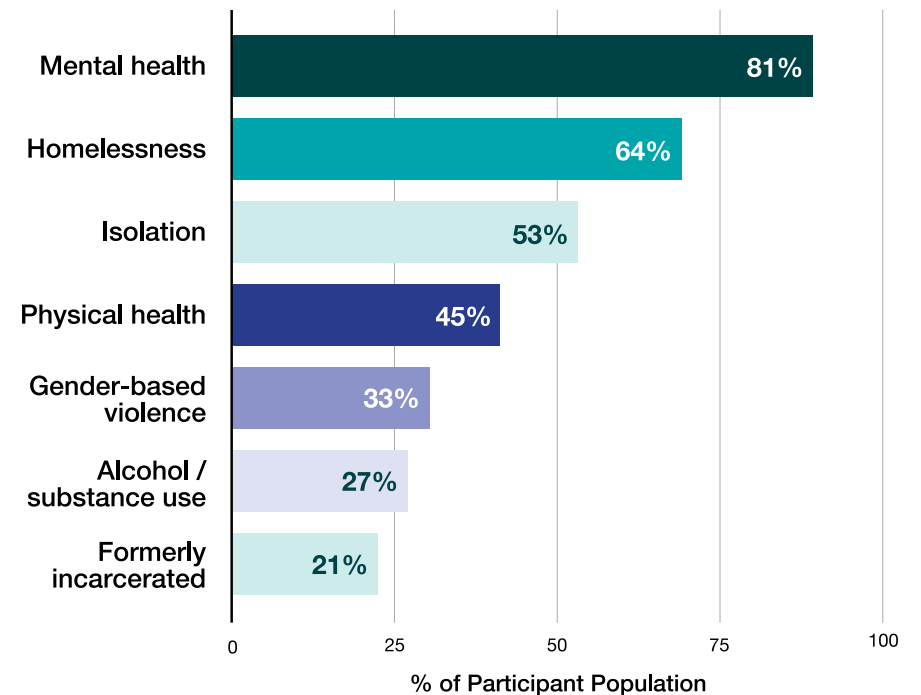


## Intentional programming fosters belonging for LGBTQIA+ participants.



## Recovery challenges

Participants include individuals rebuilding their lives after trauma, veterans navigating the invisible wounds of service, and people working toward stability after experiencing homelessness or mental health challenges.



## THE IMPACT

In 2025, Johns Hopkins examined the effects of Path with Art's programming on individual well-being and social connection.

The results are profound.

90.3%

of participants improved their self-efficacy.

88.3%

of participants improved their mental health.

80.6%

of participants reported reduced loneliness.

At Path with Art, our participants live out these results.

92%

agreed arts engagements supported emotional & mental health.

89%

experienced skill development and creative growth.

71%

of participants in our 8-week programming return every quarter or multiple times a year.

87%

reported an increased sense of joy, fun, and playfulness.

# artREMEDY

In 2024, PwA launched artREMEDY, a training initiative that helps educators, healthcare providers, and arts institutions use the arts to foster resilience, connection, and healing. artREMEDY offers a solution to coinciding problems: more people are in need of Path with Art's programming, while few arts organizations incorporate trauma-informed practices and few health and social service organizations integrate arts engagement.

artREMEDY works through three important avenues to empower practitioners in arts & health spaces:

- 01 Offering trauma-informed, strengths-based arts training.
- 02 Supporting a community of practice to facilitate ongoing peer learning & support.
- 03 Consulting with behavioral health and service organizations to integrate arts engagement into their spaces and practices.

## In 2025, we trained:

- Washington State Arts Commission grantees
- Museum of Northwest Art
- University of Arizona Art & Visual Culture Education Program
- Bellevue College Behavioral Health and Arts faculty
- MENTOR Washington (Department of Children, Youth, and Families)
- University of Washington Master of Social Work students
- Seattle University Arts Leadership MFA students

90%

reported gaining practical knowledge about how to apply trauma-informed principles to their work.

100%

reported increased understanding of the role of art in improving well-being and aiding trauma recovery.

# Impacting our society

Path with Art is leveraging our expertise to catalyze meaningful, systems-level change across the arts and health sectors. PwA is currently being called upon to add to the body of scientific research, educate others, and advocate for the role the arts can play in uplifting public health.

## Our initiatives

### 01 Research

Path with Art's first collaborative study with Johns Hopkins International Arts + Mind Lab (IAM Lab) examines and learns from the effects of PwA programs on mental health, self efficacy, and social connectedness. This study is in peer-review and awaiting publication, with other research opportunities in the works.

### 02 Field Building

Path with Art has been invited by the Aspen Institute to launch a regional Community Neuroarts Coalition (CNC). By hosting public events and convenings to shape public perception and policy, we are uniting partners across health, science, education, and arts sectors to explore how integrating the arts can improve community health.

### 03 Arts Prescribing

In partnership with the Washington State Arts Commission and SocialRx, Path with Art is spearheading efforts to bring arts prescribing to Washington state. This low-cost, proven approach enables healthcare providers to refer patients to arts and cultural experiences as part of their care plans, responding to the rising need for accessible mental health resources.

## Community & connection

- **Art After Hours:** 2025 saw the launch of Art After Hours, a monthly opportunity for all individuals—volunteers, supporters, neighbors, participants, and teaching artists alike—to gather and create together.
- **“Music Heals, Art is the Remedy”:** In May 2025, Path with Art and KEXP highlighted Mental Health Awareness Month with joint panel discussion on art and mental health. Along with special guests DJ John Richards, Shaina Shepard, Dr. Katarina Mucha, and Dr. Daudi Abe, the event also featured musical performances by singer-songwriter Rocky Votolato and the Path with Art Singers.
- **“Our Brains on Art”:** In September 2025, Path with Art hosted Susan Magsamen at Town Hall Seattle. Magsamen shared highlights from her New York Times-bestselling book, *Your Brain on Art*, as well as PwA's research collaboration with Johns Hopkins International Arts + Mind Lab.
- **PBS News Hour:** In December 2025, PBS News Hour ran a special segment featuring Path with Art's work with veterans, bringing our mission before a national audience.

# reCHARGE

Every year at Path with Art culminates in a fabulous evening of found fashion—featuring local luminaries lighting up the runway with designs crafted by PwA participants and teaching artists. With over 500 art and culture enthusiasts in attendance, **Art for All Ball** uplifts our incredible community and raises key funds for our restorative programs.

In 2025, our theme was *reCHARGE*—an invitation to rally together and create radically re-energizing spaces of joy, belonging, and hope.

Many thanks to our seven amazing models, who rocked the runway and helped Path with Art raise over \$1.3M!

- **Aina Abiodun**
- **Angela Dunleavy**
- **Anthony White**
- **Katherine Cheng**
- **Maryanne Tagney**
- **Mike McCready**
- **Lynn Hubbard**

# Together, we can.

Thanks to you, our arts programs remain free to the thousands of individuals we serve and the health, housing, and human service partners we work alongside.

Your support helps Path with Art find its own resilience. You turn imagination into reality.

# Thank you.

[Click here  
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2025 giving  
community.](#)



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**Path with Art is driven by a vision of a world where arts engagement is recognized as transformative—connecting the individual with self, the self with community, and communities with society.**

**In this world, the power of art is available for all.**

**Path  
with  
Art**